STREET BARBELL OUTDOOR STRENGTH EQUIPMENT USA





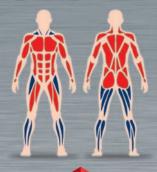
- PATENTED VARIABLE LOAD SYSTEM
- MORE THEN 10 UNIQUE MACHINES FOR EVERY MUSCLE GROUP
- QUICKLY DEPLOYABLE ON ANY SURFACE
- SAFE IN HANDLING FOR BEGINNERS AND PROFESSIONALS

- VANDAL- AND THEFT PROOF
- ABSOLUTELY TOUGH- MADE TO WITHSTAND ANY CLIMATIC CONDITIONS
- ONLY BEST MATERIALS AND PARTS
- TUV INTERNATIONAL CERTIFIED

BODYWEIGHT

MB 7.61 COMBINED EXERCISER





ACTIVE MUSCLE GROUP WHILE USING THE FITNESS EQUIPMENT

Exercises on this trainer allow you to train almost all muscle groups of the upper body, depending on the selected part of the article.

of the athlete

THE EQUIPMENTS
TOTAL WEIGHT

155 kg

PULL-UPS
TRICEPS DIPS
HANGING LEG
RAISES



COMBINED EXERCISER — outdoor trainer is designed to perform three main physical exercises with own body weight such as Pull-ups on horizontal bar, Triceps Dips and the Hanging Leg Raises.

The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface.

Additional preparation, construction and engineering work, assembly and dismantling is not needed while equipment deployment.



ON BEACHES AND HOTEL AREAS



IN CITY PARKS AND AT A SPORTS



BODYWEIGHT

MB 7.62 DECLINE BENCH AND HYPEREXTENSION





COLOUR VARIATION







ACTIVE MUSCLE GROUP WHILE USING THE FITNESS EQUIPMENT

Exercises on this trainer develops abdominal muscles, back muscles and gluteus.

> **DECLINE BENCH** ANGLE

HYPEREXTENSION ANGLE

THE EQUIPMENTS TOTAL WEIGHT





DECLINE BENCH AND HYPEREXTENSION — outdoor trainer is designed to perform two main physical exercises with own body weight such as Decline Bench Crunches and Back Extensions on hyperextension.

The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface.

Additional preparation, construction and engineering work, assembly and dismantling is not needed while equipment deployment.



ON BEACHES AND HOTEL AREAS

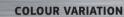


IN CITY PARKS AND AT A SPORTS VENUES



MB 7.63 SHOULDER PRESS









The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface.

Additional preparation, construction and engineering work, assembly and dismantling is not needed while equipment deployment.



ACTIVE MUSCLE GROUP WHILE USING THE FITNESS EQUIPMENT

The equipment is designed to develop middle portions of the deltoid muscles, as well as the upper parts of the trapezius muscles and triceps.

MINIMUM LOAD

15 kg

MAXIMUM LOAD 150 kg

THE EQUIPMENTS
TOTAL WEIGHT

385 kg

THE SET INCLUDES RUBBER WEIGHTS



(6 x 2,5 kg)



EXERCISE



ON BEACHES AND HOTEL AREAS



IN CITY PARKS AND AT A SPORTS VENUES

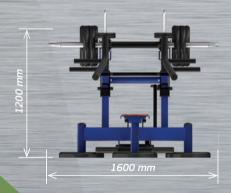


MB 7.64 BENCH PRESS





COLOUR VARIATION







ACTIVE MUSCLE GROUP WHILE USING THE FITNESS EQUIPMENT

The equipment is similar to bench press with barbell, except that it is characterized by a greater move-ment's depth, which contributes a better stretch of a large pectoral muscles. There are also involved triceps and front part of the deltoid muscles.

MINIMUM LOAD

MAXIMUM LOAD

THE EQUIPMENTS TOTAL WEIGHT

THE SET INCLUDES RUBBER WEIGHTS

10 x 20 kg

(8 x 2,5 kg)



BENCH PRESS — Outdoor trainer with patented variable loading weight system is developed for physical exercises focused on power and physical endurance training.

The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface.

Additional preparation, construction and engineering work, assembly and dismantling is not needed while equipment deployment.



ON BEACHES AND HOTEL AREAS

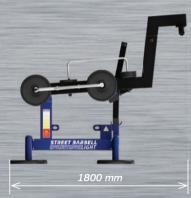


IN CITY PARKS AND AT A SPORTS VENUES



MB 7.65 SQUAT







ACTIVE MUSCLE GROUP WHILE USING THE FITNESS EQUIPMENT

The equipment's designed to develop quadriceps femoris muscle, gluteus Medium muscle, gluteus maximus muscle.

MINIMUM LOAD

30 kg

MAXIMUM LOAD 250 kg

THE EQUIPMENTS
TOTAL WEIGHT

 410_{kg}

THE SET INCLUDES RUBBER WEIGHTS



(8 x 2,5 kg)



SQUAT — Outdoor trainer with patented variable loading weight system is developed for physical exercises focused on power and physical endurance training.

The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface.

Additional preparation, construction and engineering work, assembly and dismantling is not needed while equipment deployment.



ON BEACHES AND HOTEL AREAS



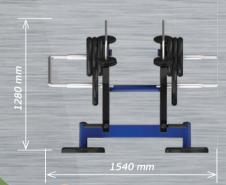
IN CITY PARKS AND AT A SPORTS VENUES

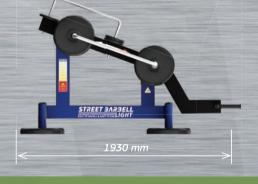


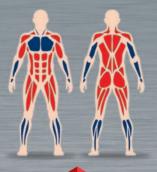
MB 7.66 COMBOLIFT











ACTIVE MUSCLE GROUP WHILE USING THE FITNESS EQUIPMENT

The equipment is designed to develop gluteal muscles, quadriceps femoris muscles, sacrum muscles, trapezius muscles, latissimus dorsi muscles, teres major muscle, posterior deltoids, infraspinatus muscles.

MINIMUM LOAD

 30_{kg}

MAXIMUM LOAD 250 kg

THE EQUIPMENTS TOTAL WEIGHT

THE SET INCLUDES RUBBER WEIGHTS





COMBOLIFT — Outdoor trainer with patented variable loading weight system is developed for physical exercises focused on power and physical endurance training.

The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface.

Additional preparation, construction and engineering work, assembly and dismantling is not needed while equipment deployment.



ON BEACHES AND HOTEL AREAS



IN CITY PARKS AND AT A SPORTS VENUES



MB 7.67 SEATED TRICEP DIPS







ACTIVE MUSCLE GROUP WHILE USING THE FITNESS EQUIPMENT

The equipment is designed to develop triceps and elbow muscles and large pectoral muscles.

MINIMUM LOAD

 $20_{
m kg}$

MAXIMUM LOAD 135 kg

THE EQUIPMENTS
TOTAL WEIGHT

THE SET INCLUDES RUBBER WEIGHTS



(6 x 2,5 kg)



COLOUR VARIATION

1620 mm



2530 mm



EXERCISE

SEATED TRICEP DIPS — Outdoor trainer with patented variable loading weight system is developed for physical exercises focused on power and physical endurance training.

The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface.

Additional preparation, construction and engineering work, assembly and dismantling is not needed while equipment deployment.



ON BEACHES AND HOTEL AREAS



IN CITY PARKS AND AT A SPORTS VENUES



MB 7.68 MULTI-BARBELL





ACTIVE MUSCLE GROUP WHILE USING THE FITNESS EQUIPMENT

Exercises on this equipment allow you to train almost all muscle groups of the body, depending on the chosen exercise.

MINIMUM LOAD

 15_{kg}

MAXIMUM LOAD

THE EQUIPMENTS
TOTAL WEIGHT

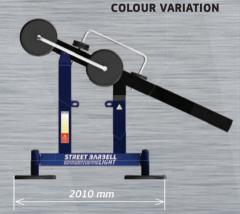
295 kg

THE SET INCLUDES RUBBER WEIGHTS

10 x 10 kg

€6 x 2,5 kg >







MULTI-BARBELL — Outdoor trainer with patented variable loading weight system is developed for physical exercises focused on power and physical endurance training.

The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface.

Additional preparation, construction and engineering work, assembly and dismantling is not needed while equipment deployment.



ON BEACHES AND HOTEL AREAS



IN CITY PARKS AND AT A SPORTS VENUES



MB 7.69 PULL-DOWN BAR







ACTIVE MUSCLE GROUP WHILE USING THE FITNESS EQUIPMENT

The equipment is designed to develop triceps and elbow muscles.

MINIMUM LOAD

15 kg

MAXIMUM LOAD

72,5 kg

THE EQUIPMENTS
TOTAL WEIGHT

155 kg

THE SET INCLUDES RUBBER WEIGHTS



3 x 2,5 kg



PULL-DOWN BAR — Outdoor trainer with patented variable loading weight system is developed for physical exercises focused on power and physical endurance training.

The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface.

Additional preparation, construction and engineering work, assembly and dismantling is not needed while equipment deployment.



ON BEACHES AND HOTEL AREAS

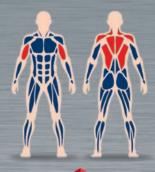


IN CITY PARKS AND AT A SPORTS VENUES



MB 7.70 BACK ROW





ACTIVE MUSCLE GROUP WHILE USING THE FITNESS EQUIPMENT

The equipment is designed to develop latissimus dorsi muscles, teres major muscles, deltoid muscles, infraspinatus muscle, also while scapula's reduction - rhomboid muscles, trapezius muscle (its middle part) and forearm flexor.

MINIMUM LOAD

15 kg

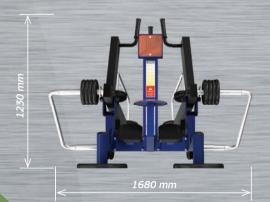
MAXIMUM LOAD 105 kg

THE EQUIPMENTS TOTAL WEIGHT 250 kg

THE SET INCLUDES RUBBER WEIGHTS



(6 x 2,5 kg)







BACK ROW — Outdoor trainer with patented variable loading weight system is developed for physical exercises focused on power and physical endurance training.

The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface.

Additional preparation, construction and engineering work, assembly and dismantling is not needed while equipment deployment.



ON BEACHES AND HOTEL AREAS

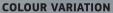


IN CITY PARKS AND AT A SPORTS VENUES

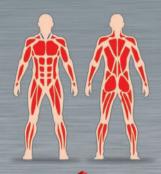


MB 7.71 DUMBBEL SET









ACTIVE MUSCLE GROUP WHILE USING THE FITNESS EQUIPMENT

Exercises on this equipment allow you to train almost all muscle groups of the body, depending on the chosen exercise.

MINIMUM LOAD

 $\mathbf{8}_{\mathsf{kg}}$

MAXIMUM LOAD 24.

THE EQUIPMENTS
TOTAL WEIGHT

160 kg

THE SET INCLUDES THREE PAIRS OF DUMBBELS





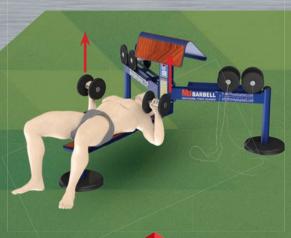




1690 mm



1080 mm



EXERCISE

DUMBBEL SET — outdoor trainer is designed to perform main physical exercises with dumbbels.

The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface.

Additional preparation, construction and engineering work, assembly and dismantling is not needed while equipment deployment.



ON BEACHES AND HOTEL AREAS

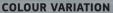


IN CITY PARKS AND AT A SPORTS VENUES



MB 7.72 DUMBBEL SETS









ACTIVE MUSCLE GROUP WHILE USING THE FITNESS EQUIPMENT

Exercises on this equipment allow you to train almost all muscle groups of the body, depending on the chosen exercise.

MINIMUM LOAD

 $14_{
m kg}$

MAXIMUM LOAD

 40_{kg}

THE EQUIPMENTS
TOTAL WEIGHT

200 kg

THE SET INCLUDES THREE PAIRS OF DUMBBELS





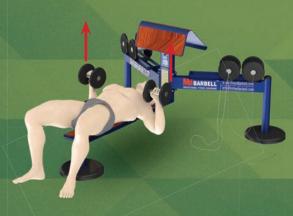




1690 mm



1980 mm



DUMBBEL SET — outdoor trainer is designed to perform main physical exercises with dumbbels.

The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface.

Additional preparation, construction and engineering work, assembly and dismantling is not needed while equipment deployment.



ON BEACHES AND HOTEL AREAS



IN CITY PARKS AND AT A SPORTS VENUES

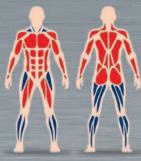


IN COMMERCIAL FITNESS CLUBS

EXERCISE

MB 7.73 ASSISTED PULL-UPS & TRICEPS





ACTIVE MUSCLE GROUP WHILE USING THE FITNESS EQUIPMENT

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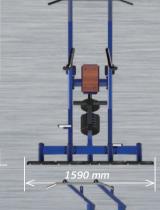
MAXIMUM LOAD

THE EQUIPMENTS
TOTAL WEIGHT

286 kg

THE SET INCLUDES RUBBER WEIGHTS

8 x 10 kg







BENCH PRESS — Outdoor trainer with patented variable loading weight system is developed for physical exercises focused on power and physical endurance training.

The fitness equipment can be used in any

The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface.

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ON BEACHES AND HOTEL AREAS



IN CITY PARKS AND AT A SPORTS VENUES



EXERCISES



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